

**Great River Conference Championships**    May 14, 2019    Braham High School

Mens Varsity

1. Pine City	220
2. Hinckley-Finlayson	139
3. Rush City	134
4. East Central	69
5. Braham	56
6. Aitkin	55
7. Ogilvie	9

Womens Varsity

1. Pine City	216.5
2. Rush City	148
3. Braham	82
4. Mille Lacs Raiders	77
5. Aitkin	72
6. Ogilvie	43
7. East Central	38.5
8. Hinckley-Finlayson	13

Varsity Boys 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Jacob Kern 10 Braham 11.81
- 2 Braden Doble 11 Braham 12.05
- 3 Hunter Peacock 10 Pine City 12.12
- 4 Tryston West 11 Pine City 12.23
- 5 Derek Murphy 12 Rush City 12.25
- 6 Zeth Hahn 10 Rush City 12.27
- 7 Ean Chose 10 Hinckley-Finlayson 12.34
- 8 Wesley Keranen 11 East Central 12.46

Varsity Boys 100 Meters Prelims

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Athlete Yr Team Mark

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- 1 Jacob Kern 10 Braham 11.69
- 4 Tryston West 11 Pine City 12.13
- 2 Hunter Peacock 10 Pine City 12.21
- 7 Zeth Hahn 10 Rush City 12.26
- 3 Derek Murphy 12 Rush City 12.28
- 5 Braden Doble 11 Braham 12.30
- 6 Ean Chose 10 Hinckley-Finlayson 12.32
- 8 Wesley Keranen 11 East Central 12.40
- 9 Cory Dilly 10 East Central 12.43
- 10 Ryan Dzibak 10 Braham 12.64
- 11 Trever DePoppe 11 Pine City 12.94
- 12 Branden Carmichael 11 Rush City 12.96
- 13 Aiden Fredrickson 9 Aitkin 13.00
- 14 Craig Visnovac 9 Aitkin 13.20
- 15 Gavin Scott 9 Hinckley-Finlayson 13.21
- 16 Jacob Barstad 11 Hinckley-Finlayson 13.36
- 17 Layne Baumann 10 Aitkin 13.52
- 18 Fabian Rodriguez 11 Ogilvie 13.61

Varsity Boys 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Jacob Kern 10 Braham 23.54
- 2 Tryston West 11 Pine City 24.28
- 3 Jacob Kukowski 12 Aitkin 24.44
- 4 Hunter Peacock 10 Pine City 24.50
- 5 Zeth Hahn 10 Rush City 24.79
- 6 Gabe Long 11 Aitkin 25.03
- 8 Ean Chose 10 Hinckley-Finlayson 25.20
- 9 Caleb Fromm 10 Pine City 25.21
- 10 Derek Murphy 12 Rush City 25.44

- 11 Kolby Fox 11 Hinckley-Finlayson 25.58
- 12 Kelsey Fox 9 Hinckley-Finlayson 25.64
- 13 Noah Bowerman 10 East Central 25.71
- 14 Lucas Daniels 11 East Central 25.83
- 15 Carson Shockman 10 Braham 25.84
- 16 Woodrow Rian 11 Aitkin 26.57
- 17 Colton Stucky 10 Ogilvie 27.27
- 18 Dylan Grovum 12 East Central 27.70

Varsity Boys 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Timothy Thole 10 Rush City 52.52
- 2 Kolby Fox 11 Hinckley-Finlayson 53.05
- 3 Tryston West 11 Pine City 54.19
- 4 Braden Doble 11 Braham 54.60
- 5 Caleb Fromm 10 Pine City 54.68
- 6 Kelsey Fox 9 Hinckley-Finlayson 55.65
- 7 Wesley Keranen 11 East Central 56.77
- 8 Jaelend Williams 9 Aitkin 57.42
- 10 Damion Torgerson 8 Pine City 59.52
- 11 Bryson Klar 11 East Central 1:01.79
- 12 Mason Boyd 8 Aitkin 1:01.99
- 13 Rhett Hudoba 9 Ogilvie 1:05.69
- 14 Keve Ziegler 9 Ogilvie 1:07.01
- 15 Josh Swanson 9 East Central 1:07.61
- 16 Joseph Reichkitzer 10 Rush City 1:07.70
- 17 Colin Courtemanche 9 Aitkin 1:17.75

Varsity Boys 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Logan Vinaja 12 Pine City 2:09.46
- 2 Isaiah Brindamour 11 Hinckley-Finlayson 2:09.88
- 3 George Ausmus 10 Pine City 2:12.21
- 4 Brodrick Larson 11 Rush City 2:12.73
- 5 Seth Hora 12 Rush City 2:13.63
- 6 Caleb Olson 11 Hinckley-Finlayson 2:21.10
- 7 Noah Miller 11 Pine City 2:24.21
- 8 Shane Douglas 9 Rush City 2:34.53
- 9 Keve Ziegler 9 Ogilvie 2:41.86
- 10 Eion Quiel 8 Aitkin 2:52.67
- 11 Chanse Clark 7 East Central 2:53.27
- 12 Logan LaBeau 12 Ogilvie 3:10.18

Varsity Boys 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Craig Feist 12 East Central 4:36.61
- 2 Tommy Ryan 12 Pine City 4:47.25
- 3 Logan Vinaja 12 Pine City 4:48.56
- 4 Seth Hora 12 Rush City 4:50.00
- 5 Brodrick Larson 11 Rush City 4:53.94
- 6 Matt Papke 11 Rush City 4:57.40
- 7 Brock Bjerke 11 Hinckley-Finlayson 5:01.34
- 8 Timmy Johnson 9 Pine City 5:05.39

- 9 Josey Olson 11 Hinckley-Finlayson 5:20.06
- 10 Sam Stapek 10 Hinckley-Finlayson 5:27.32
- 11 Rhett Hudoba 9 Ogilvie 5:45.30
- 12 Flynn Strong 8 Aitkin 5:46.51
- 13 Chanse Clark 7 East Central 6:20.21
- 14 Jaqur Omlid 11 Braham 6:30.27
- 15 Logan LaBeau 12 Ogilvie 6:53.46

Varsity Boys 3200 Meters Finals

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Athlete Yr Team Mark

=====

- 1 Cedric LaFave 11 Hinckley-Finlayson 10:03.76
- 2 Craig Feist 12 East Central 10:21.84
- 3 Tommy Ryan 12 Pine City 10:35.03
- 4 Matt Papke 11 Rush City 11:00.15
- 5 Drake Willert 9 Pine City 11:31.85
- 6 Josey Olson 11 Hinckley-Finlayson 11:40.24
- 7 Timmy Johnson 9 Pine City 11:43.52
- 8 Karl Meissner 9 Rush City 12:09.54
- 9 Joseph Papke 9 Rush City 12:15.60
- 10 Dominic Bergerson 12 Hinckley-Finlayson 12:16.80
- 11 Jack Grell 8 Aitkin 12:23.66
- 12 Payton Marshall 7 East Central 13:07.94
- 13 Beau Hudoba 7 Ogilvie 13:50.67
- 14 Cody Hanson 10 Braham 14:52.93

Varsity Boys 110m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Nolan Anderson 8 Rush City 16.88
- 2 Edward Roubinek 11 Hinckley-Finlayson 16.95
- 3 T.J. Rank 12 Pine City 17.14
- 4 Ashton Langworthy 11 Rush City 17.27
- 5 Dawson Clifford 10 Pine City 18.42
- 6 Dylan Fratzke 12 East Central 18.51
- 7 Woodrow Rian 11 Aitkin 18.69
- 8 Howie Hodena 11 Hinckley-Finlayson 19.10

Varsity Boys 110m Hurdles Prelims

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Athlete Yr Team Mark

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- 1 Ashton Langworthy 11 Rush City 17.11
- 3 Nolan Anderson 8 Rush City 17.63
- 2 T.J. Rank 12 Pine City 18.05
- 4 Edward Roubinek 11 Hinckley-Finlayson 18.11
- 5 Dawson Clifford 10 Pine City 18.29
- 6 Dylan Fratzke 12 East Central 18.62
- 7 Woodrow Rian 11 Aitkin 19.03
- 8 Howie Hodena 11 Hinckley-Finlayson 19.37
- 9 Johnny Kordiak 12 Hinckley-Finlayson 19.49
- 10 Mitchell Mell 10 Rush City 19.69
- 11 Ethan Warren 10 Ogilvie 19.71

Varsity Boys 300m Hurdles Finals

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Athlete Yr Team Mark

- =====
- 1 T.J. Rank 12 Pine City 43.44
  - 2 Ashton Langworthy 11 Rush City 44.29
  - 3 Nolan Anderson 8 Rush City 44.96
  - 4 Edward Roubinek 11 Hinckley-Finlayson 45.20
  - 5 Tucker Dalen 11 Pine City 47.54
  - 6 Johnny Kordiak 12 Hinckley-Finlayson 47.71
  - 7 Jason Thieman 9 Pine City 47.97
  - 8 Ethan Warren 10 Ogilvie 48.24
  - 9 Mitchell Mell 10 Rush City 48.82
  - 10 Anton Roettele 9 Aitkin 49.96
  - 11 Howie Hodena 11 Hinckley-Finlayson 50.51
  - 12 Flynn Strong 8 Aitkin 52.49

Varsity Boys 4x100m Finals

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Team Time

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- 1 Braham 46.77  
Ryan DzibakCarson ShockmanBraden DobleJacob Kern
- 2 Aitkin 48.12  
JD ClineJeremy BlazekJacob KukowskiGabe Long
- 3 Pine City 49.33  
Jason ThiemanJeffrey CarlbomSteven HartKenny Vo
- 4 Rush City 50.06  
Mitchell MellZeth HahnJack FerrisBranden Carmichael
- 5 East Central 51.39  
Dylan FratzkeDevlin FratzkeNoah BowermanCory Dilly
- 6 Hinckley-Finlayson 52.33  
Aaron MulderEan ChoseGavin ScottJohnny Kordiak
- 7 Ogilvie 58.39  
Colton StuckyKeve ZieglerColtin PohlFabian Rodriguez

Varsity Boys 4x200m Finals

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Team Time

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- 1 Rush City 1:39.41  
Andrew TholeTimothy TholeKody SchunoJack Ferris
- 2 Pine City 1:40.63  
Jason ThiemanJeffrey CarlbomHunter PeacockDawson Clifford
- 3 Aitkin 1:41.01  
JD ClineTony LemireJacob KukowskiGabe Long
- 4 Hinckley-Finlayson 1:41.42  
Edward RoubinekEan ChoseGavin ScottKelsey Fox
- 5 East Central 1:50.52  
Dylan GrovumBryson KlarLucas DanielsNoah Bowerman
- 6 Ogilvie 1:59.61  
Beau HudobaColton StuckyColtin PohlFabian Rodriguez

Varsity Boys 4x400m Finals

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Team Time

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- 1 Pine City 3:40.68  
T.J. RankCaleb FrommTommy RyanLogan Vinaja
- 2 Rush City 3:46.55  
Timothy TholeJacy Dominguez-PerrinBrodrick LarsonSeth Hora

3 Hinckley-Finlayson 3:47.78  
Isaiah BrindamourLathaniel KroschelBrock BjerkeKolby Fox  
4 East Central 3:56.53  
Bryson KlarCory DillyWesley KeranenCraig Feist  
5 Aitkin 4:11.73  
Jaelend WilliamsTony LemireLucas MoenFlynn Strong

Varsity Boys 4x800m Finals

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Team Time  
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1 Hinckley-Finlayson 8:44.42  
Cedric LaFaveBrock BjerkeHunter JacksonIsaiah Brindamour  
2 Pine City 9:58.10  
Drake WillertCharlie EmmonsNoah MillerGeorge Ausmus  
3 Rush City 10:07.28  
Karl MeissnerJoseph PapkeShane DouglasMason Nordrum  
4 Aitkin 11:39.05  
Mason BoydColin CourtemancheJason TibbettsLucas Moen

Varsity Boys Shot Put Finals

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Athlete Yr Team Mark  
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1 Trevor Christensen 10 East Central 46-06.00  
2 JJ Preston 11 Pine City 42-09.00  
3 Devin Shellito 12 Braham 40-04.00  
4 Trever Nolan 12 Hinckley-Finlayson 37-05.00  
5 Connor Romans 12 Hinckley-Finlayson 37-02.00  
6 Vinny David 11 Pine City 36-04.00  
7 McKale Bishop 10 East Central 35-08.00  
8 Austin Sterling 9 Braham 35-05.00  
9 Kenny Vo 11 Pine City 33-06.00

Varsity Boys Shot Put Prelims

=====  
Athlete Yr Team Mark  
=====

1 Trevor Christensen 10 East Central 44-10.00  
2 Devin Shellito 12 Braham 40-04.00  
3 JJ Preston 11 Pine City 39-11.00  
4 Trever Nolan 12 Hinckley-Finlayson 37-05.00  
5 Connor Romans 12 Hinckley-Finlayson 37-02.00  
6 McKale Bishop 10 East Central 35-08.00  
7 Austin Sterling 9 Braham 35-01.00  
8 Vinny David 11 Pine City 34-09.00  
9 Kenny Vo 11 Pine City 33-06.00  
10 Nick Olander 12 Hinckley-Finlayson 33-03.00  
11 Timothy Thole 10 Rush City 32-10.00  
12 Branden Carmichael 11 Rush City 31-04.00  
13 Coltin Pohl 11 Ogilvie 29-05.00  
14 Nic DePaulis 9 East Central 26-09.00  
15 Rhett Hudoba 9 Ogilvie 26-06.00  
16 Martin Henke 8 Aitkin 26-03.00  
17 Shane Lund 10 Braham 25-11.00  
18 Layne Baumann 10 Aitkin 23-11.00  
19 Jason Tibbetts 9 Aitkin 21-11.00

Varsity Boys Discus Finals

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Athlete Yr Team Mark

=====

- 1 Trevor Christensen 10 East Central 129-10
- 2 JJ Preston 11 Pine City 116-10
- 3 Devin Shellito 12 Braham 104-01
- 4 Andrew Thole 8 Rush City 98-01
- 5 Connor Romans 12 Hinckley-Finlayson 95-06
- 6 Trever Nolan 12 Hinckley-Finlayson 94-04
- 7 Seth Hora 12 Rush City 93-09
- 8 Kenny Vo 11 Pine City 88-04
- 9 Coltin Pohl 11 Ogilvie 84-00

Varsity Boys Discus Prelims

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Athlete Yr Team Mark

=====

- 1 Trevor Christensen 10 East Central 129-10
- 2 JJ Preston 11 Pine City 116-10
- 3 Devin Shellito 12 Braham 104-01
- 4 Andrew Thole 8 Rush City 95-05
- 5 Trever Nolan 12 Hinckley-Finlayson 94-04
- 6 Seth Hora 12 Rush City 93-09
- 7 Connor Romans 12 Hinckley-Finlayson 85-09
- 8 Kenny Vo 11 Pine City 85-04
- 9 Coltin Pohl 11 Ogilvie 84-00
- 10 Vinny David 11 Pine City 82-10
- 11 Aiden Fredrickson 9 Aitkin 81-01
- 12 Fabian Rodriguez 11 Ogilvie 81-00
- 13 Nic DePaulis 9 East Central 73-00
- 14 Austin Sterling 9 Braham 72-11
- 15 McKale Bishop 10 East Central 71-10
- 16 Martin Henke 8 Aitkin 69-06
- 17 Jaqur Omlid 11 Braham 62-05
- Kyree Glover 11 Hinckley-Finlayson ND
- Zane Archer 10 Rush City ND

Varsity Boys High Jump Finals

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Athlete Yr Team Mark

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- 1 Kolby Fox 11 Hinckley-Finlayson 5-09.00
- 2 Tucker Dalen 11 Pine City 5-07.00
- 3 Mattis Burkert 11 Pine City 5-05.00
- 4 Woodrow Rian 11 Aitkin 5-05.00
- 5 Shane Douglas 9 Rush City 5-03.00
- 6 Anton Roettele 9 Aitkin 5-01.00
- 7 Steven Hart 10 Pine City 5-01.00
- 8 Derek Murphy 12 Rush City 5-01.00
- 9 Dylan Skinner Mans 12 Hinckley-Finlayson 5-01.00
- Cedric LaFave 11 Hinckley-Finlayson NH
- Brycen Lotz 7 Braham NH
- Lucas Moen 9 Aitkin NH

Varsity Boys Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Dawson Clifford 10 Pine City 11-06.00
- 2 T.J. Rank 12 Pine City 10-02.00
- 3 Mitchell Mell 10 Rush City 9-08.00
- 4 Aaron Mulder 10 Hinckley-Finlayson 9-08.00
- 5 Jacob Barstad 11 Hinckley-Finlayson 9-08.00
- 6 Steven Hart 10 Pine City 8-08.00
- 7 JD Cline 12 Aitkin 8-08.00
- 8 Isaac Erdman 10 Rush City 8-08.00
- 9 Sam Stapek 10 Hinckley-Finlayson 8-02.00
- 9 James Reichkitzer 10 Rush City 8-02.00
- 9 Garrett Engberg 10 Braham 8-02.00
- 9 Woodrow Rian 11 Aitkin 8-02.00

Varsity Boys Long Jump Finals

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Athlete Yr Team Mark

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- 1 Cory Dilly 10 East Central 18-09.00
- 2 Jeremy Blazek 12 Aitkin 18-08.00
- 3 Tucker Dalen 11 Pine City 18-05.75
- 4 Dylan Skinner Mans 12 Hinckley-Finlayson 18-05.00
- 5 Lathaniel Kroschel 10 Hinckley-Finlayson 18-04.75
- 6 Jeffrey Carlbom 10 Pine City 18-03.50
- 7 Jacob Kukowski 12 Aitkin 18-03.50
- 8 Dawson Clifford 10 Pine City 17-11.50
- 9 Josey Olson 11 Hinckley-Finlayson 17-05.00

Varsity Boys Long Jump Prelims

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Athlete Yr Team Mark

=====

- 1 Jeremy Blazek 12 Aitkin 18-08.00
- 2 Cory Dilly 10 East Central 18-06.50
- 3 Tucker Dalen 11 Pine City 18-05.00
- 4 Jacob Kukowski 12 Aitkin 18-03.50
- 4 Jeffrey Carlbom 10 Pine City 18-03.50
- 6 Lathaniel Kroschel 10 Hinckley-Finlayson 18-03.00
- 7 Dawson Clifford 10 Pine City 17-11.50
- 8 Dylan Skinner Mans 12 Hinckley-Finlayson 17-08.00
- 9 Josey Olson 11 Hinckley-Finlayson 17-05.00
- 10 Ethan Warren 10 Ogilvie 17-04.50
- 11 Ashton Langworthy 11 Rush City 16-11.00
- 12 Zeth Hahn 10 Rush City 16-10.00
- 13 Nolan Anderson 8 Rush City 16-09.50
- 14 Devlin Fratzke 12 East Central 15-04.00
- 15 Cody Hanson 10 Braham 13-04.00

Varsity Boys Triple Jump Finals

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Athlete Yr Team Mark

=====

- 1 Tucker Dalen 11 Pine City 39-06.50
- 2 Lathaniel Kroschel 10 Hinckley-Finlayson 37-08.50
- 2 Dylan Skinner Mans 12 Hinckley-Finlayson 37-08.50
- 4 Ashton Langworthy 11 Rush City 37-00.75
- 5 Logan Vinaja 12 Pine City 36-00.75
- 6 Ethan Warren 10 Ogilvie 34-11.00
- 7 Jeffrey Carlbom 10 Pine City 34-06.75
- 9 Jaelend Williams 9 Aitkin 34-02.75

Varsity Boys Triple Jump Prelims

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Athlete Yr Team Mark

=====

- 1 Tucker Dalen 11 Pine City 39-06.50
- 2 Lathaniel Kroschel 10 Hinckley-Finlayson 37-08.50
- 2 Dylan Skinner Mans 12 Hinckley-Finlayson 37-08.50
- 4 Ashton Langworthy 11 Rush City 37-00.75
- 5 Logan Vinaja 12 Pine City 36-00.75
- 6 Ethan Warrren 10 Ogilvie 34-11.00
- 7 Jeffrey Carlbom 10 Pine City 34-06.75
- 9 Jaelend Williams 9 Aitkin 34-02.75
- 10 Edward Roubinek 11 Hinckley-Finlayson 33-02.25
- 11 Dylan Fratzke 12 East Central 32-11.75
- 12 Craig Visnovec 9 Aitkin 31-11.25
- 13 Isaac Erdman 10 Rush City 30-09.75
- 14 Jack Grell 8 Aitkin 29-04.75
- 15 Cody Hanson 10 Braham 28-11.75

Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Hannah Cornelius 10 Braham 13.24
- 2 Ellaina Johnson 10 Pine City 13.42
- 3 Emily Carpenter 12 Pine City 13.69
- 4 Ella Doble 8 Braham 13.83
- 5 Corrina Tvedt 8 Hinckley-Finlayson 13.85
- 6 Emma Johnson 8 Pine City 13.93
- 7 Deilia Rohm 8 Rush City 14.23
- 8 Charlotte Olesen 8 Aitkin 14.43

Varsity Girls 100 Meters Prelims

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Athlete Yr Team Mark

=====

- 1 Hannah Cornelius 10 Braham 13.26
- 2 Ellaina Johnson 10 Pine City 13.54
- 3 Emily Carpenter 12 Pine City 13.78
- 4 Corrina Tvedt 8 Hinckley-Finlayson 13.83
- 5 Emma Johnson 8 Pine City 13.90
- 7 Ella Doble 8 Braham 14.08
- 8 Deilia Rohm 8 Rush City 14.15
- 6 Charlotte Olesen 8 Aitkin 14.51
- 9 Megan Lanhart 12 Braham 14.65
- 10 Brandee Bolz 12 Ogilvie 14.70
- 11 Hailey Besta 10 Rush City 14.83
- 12 Ana Kern 9 Aitkin 15.10
- 13 Cheyanne Blodgett 12 Hinckley-Finlayson 15.78
- 14 Mazie Hahn 10 Rush City 16.35
- 15 Allie Lang 11 Ogilvie 16.80
- 16 Chiara Venegoni 12 East Central 16.89
- 17 Autumn Clennon 11 East Central 17.40
- 18 Allison Anderson 12 Hinckley-Finlayson 17.48
- 19 Linh Pham 11 Ogilvie 17.65
- 20 Vienna Rojas 9 East Central 17.79



### Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

=====

- 1 Hannah Cornelius 10 Braham 26.65
- 2 Ellaina Johnson 10 Pine City 27.05
- 3 Ainsley Vinaja 10 Pine City 28.17
- 4 Corrina Tvedt 8 Hinckley-Finlayson 28.42
- 5 Emily Carpenter 12 Pine City 28.78
- 6 Deilia Rohm 8 Rush City 29.01
- 7 Jessica Much 8 Aitkin 29.02
- 8 Jamie Guptill 12 Rush City 29.72
- 9 Cheyanne Blodgett 12 Hinckley-Finlayson 31.51
- 10 Julia Boxhammer 10 Aitkin 32.13
- 11 Eliana Ebner 11 Rush City 32.17
- 12 Audrey Storlie 10 Hinckley-Finlayson 32.37
- 13 Brandee Bolz 12 Ogilvie 32.42
- 14 Sophia Gutknecht 7 East Central 33.15
- 15 Roxann Emerson 10 Mille Lacs Raiders 33.56
- 16 Laura Pesaresi 12 East Central 36.15
- 17 Linh Pham 11 Ogilvie 36.49
- 18 Alora Pratt 10 Ogilvie 41.98

### Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Hannah Cornelius 10 Braham 1:01.58
- 2 Tayla Lenzen 8 Rush City 1:04.02
- 3 Shawna Mell 12 Rush City 1:04.43
- 4 Teagan Piecek 8 Aitkin 1:04.79
- 5 Julia Kuhnke 8 Braham 1:04.86
- 6 Olivia Hudoba 11 Ogilvie 1:07.19
- 7 Lily Orazem 11 Mille Lacs Raiders 1:07.36
- 8 Madison Hamilton 8 Aitkin 1:07.39
- 9 Isabella Olson 8 East Central 1:08.02
- 10 Molly Saboo 9 Mille Lacs Raiders 1:08.07
- 11 Ella Sell 8 Pine City 1:08.63
- 12 Kaylee Pihoda 12 Pine City 1:08.67
- 13 Elena Herberg 12 Rush City 1:08.92
- 14 Aaleaha Thieman 11 Pine City 1:09.26
- 15 Emma Miles 8 Aitkin 1:11.54
- 16 Audrey Storlie 10 Hinckley-Finlayson 1:15.74
- 17 Sophia Gutknecht 7 East Central 1:18.04

### Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Alaina Steele 11 Pine City 2:28.37
- 2 Raelene Nyberg 9 Aitkin 2:32.63
- 3 Lydia Adams 10 Pine City 2:37.40
- 4 Leah Wickehams 11 Braham 2:38.88
- 5 Sophie Hodena 9 Hinckley-Finlayson 2:39.66
- 6 Grace Grubbs 11 Pine City 2:42.55
- 7 Ella Ferrie 7 Rush City 2:43.41
- 8 Lily Orazem 11 Mille Lacs Raiders 2:52.42
- 9 Alison Shockman 8 Braham 2:53.31
- 10 Jaiden Metz 10 Rush City 2:57.96
- 11 Alexis Ertz 9 Rush City 3:01.93

- 12 Mazie Gebhart 7 East Central 3:02.00
- 13 Grace Hill 11 Braham 3:02.80
- 14 Rebecca Wiener 7 East Central 3:12.54
- 15 Robin Tibbetts 10 Aitkin 3:14.79
- 16 Isabel Chavez 9 Mille Lacs Raiders 3:27.68
- 17 Teresa Seonne 11 Ogilvie 3:48.98
- 18 Racheal Moin 10 Ogilvie 4:08.55

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Elena Herberg 12 Rush City 5:28.14
- 2 Alaina Steele 11 Pine City 5:43.46
- 3 Arissa Rydberg 7 Pine City 5:44.51
- 4 Eva Johnson 7 Pine City 5:46.39
- 5 Alivia Sanborn 10 Ogilvie 5:53.55
- 6 Ella Ferrie 7 Rush City 5:54.46
- 7 Jemi Keranen 8 East Central 6:05.41
- 8 Mazie Gebhart 7 East Central 6:32.25
- 9 Macy Paulbeck 8 Aitkin 6:37.15
- 10 Rebecca Wiener 7 East Central 6:56.88
- 11 Sarah Erbsotoesser 12 Braham 7:00.38
- 12 Ashley Rogers 8 Mille Lacs Raiders 7:45.66

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Elena Herberg 12 Rush City 12:16.57
- 2 Cassidee Thorvig 10 East Central 12:18.16
- 3 Arissa Rydberg 7 Pine City 12:46.19
- 4 Jemi Keranen 8 East Central 13:18.22
- 5 Molly Saboo 9 Mille Lacs Raiders 13:47.44
- 6 Hailee Rydberg 9 Pine City 14:57.81
- 7 Sarah Erbsotoesser 12 Braham 15:15.83

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Savannah Holm 8 Aitkin 17.75
- 2 Ava Brown 10 East Central 17.97
- 3 Dorothy Miller 9 Pine City 18.04
- 4 Cora Sayotovich 7 Rush City 18.13
- 5 Kloey Lind 8 Pine City 19.17
- 6 Lydia Bengtson 8 Rush City 19.20
- 7 Katie Rocholl 9 Mille Lacs Raiders 19.63
- 8 MacKenzie Hamilton 8 Aitkin 20.07

Varsity Girls 100m Hurdles Prelims

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Athlete Yr Team Mark

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- 1 Savannah Holm 8 Aitkin 18.12
- 2 Cora Sayotovich 7 Rush City 18.20
- 3 Ava Brown 10 East Central 18.26
- 4 Dorothy Miller 9 Pine City 18.86

- 5 Kloey Lind 8 Pine City 19.41
- 6 Katie Rocholl 9 Mille Lacs Raiders 19.58
- 7 Lydia Bengtson 8 Rush City 19.58
- 8 MacKenzie Hamilton 8 Aitkin 19.72
- 9 Megan Cunnien 11 Pine City 19.99
- 10 Mary Ellingson 12 Rush City 20.17
- 11 Meegan Wickeham 11 Braham 20.94
- 12 Izzy Warren 8 Ogilvie 22.53
- 13 Isabel Chavez 9 Mille Lacs Raiders 23.11

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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- 1 Aiyanna Mitchell 9 Mille Lacs Raiders 51.59
- 2 Cora Sayotovich 7 Rush City 52.33
- 3 Ashley Linberger 10 Rush City 52.91
- 4 Sophie Lahti 8 Pine City 53.69
- 5 Kloey Lind 8 Pine City 54.78
- 6 Savannah Holm 8 Aitkin 54.83
- 7 MacKenzie Hamilton 8 Aitkin 55.68
- 8 Lydia Bengtson 8 Rush City 55.72
- 9 Meegan Wickeham 11 Braham 57.43
- 10 Megan Cunnien 11 Pine City 59.49
- 11 MyKenna Schroeder 8 Braham 1:00.14
- 12 Hallie Rootkie 10 Hinckley-Finlayson 1:01.92
- 13 Svea Carlson 8 Mille Lacs Raiders 1:03.53

Varsity Girls 4x100m Finals

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Team Time

=====

- 1 Pine City 53.72  
Ellaina JohnsonAllyson ChromeyEmma JohnsonKensi Tayerle
- 2 Aitkin 55.37  
Ana KernTeagan PiecekCharlotte OlesenRaelene Nyberg
- 3 Braham 56.63  
Ella DobleJillian HollenkampJulia KuhnkeMegan Lanhart
- 4 Ogilvie 56.87  
Annika BergBrandee BolzOlivia HudobaEmma Morgan
- 5 Rush City 56.93  
Joelle LeiglandDeilia RohmEliana EbnerHailey Besta
- 6 Mille Lacs Raiders 59.77  
Katie RochollKailee BarnettNevaeh MerrillRoxann Emerson
- 7 East Central 1:06.93  
Vienna RojasLaura PesaresiChiara VenegoniAutumn Clennon

Varsity Girls 4x200m Finals

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Team Time

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- 1 Pine City 1:55.81  
Alexis ThiemanAinsley VinajaEmily CarpenterSummer Thieman
- 2 Rush City 2:00.14  
Joelle LeiglandJamie GuptillEllie Mae WhiteHailey Besta
- 3 Braham 2:02.70  
Alison ShockmanMyKenna SchroederJillian HollenkampLeah Wickeham
- 4 Aitkin 2:03.20  
Jessica ShaverRamsey MoeSavannah HolmJessica Much

5 Mille Lacs Raiders 2:13.22  
Katie RochollEmma HagbergNaomi KentRoxann Emerson  
6 Ogilvie 2:20.66  
Melissa BartelSeri ZeiglerLucia DeHarolzzy Warren

Varsity Girls 4x400m Finals

Team Time

1 Pine City 4:26.21  
Grace GrubbsSophie LahtiLydia AdamsAlaina Steele  
2 Rush City 4:27.30  
Tayla LenzenCora SayotovichAshley LinbergerShawna Mell  
3 Aitkin 4:34.93  
Madison HamiltonEmma OstrowskiMacKenzie HamiltonRaelene Nyberg  
4 Braham 4:38.59  
Ella DobleJulia KuhnkeAlison ShockmanLeah Wickeham  
5 East Central 4:46.40  
Ava Brownsabella OlsonJemi KeranenCassidee Thorvig  
6 Mille Lacs Raiders 5:17.21  
Ashley RogersSvea CarlsonKami SmithNevaeh Merrill  
7 Ogilvie 5:29.15  
Melissa BartelSeri ZeiglerJasmine HintermanAlivia Sanborn

Varsity Girls 4x800m Finals

Team Time

1 Pine City 10:55.57  
Ella SellGrace GrubbsSophie LahtiLydia Adams  
2 Mille Lacs Raiders 11:04.10  
Aiyanna MitchellMolly SabooLily OrazemNevaeh Merrill  
3 Rush City 11:22.19  
Alexis ErtzJaiden MetzTayla LenzenAshley Linberger  
4 Ogilvie 11:26.37  
Annika BergOlivia HudobaEmma MorganAlivia Sanborn  
5 Aitkin 12:25.20  
Robin TibbettsMacy PaulbeckEmma OstrowskiKatelyn Welle

Varsity Girls Shot Put Finals

Athlete Yr Team Mark

1 Jamie Guptill 12 Rush City 36-02.00  
2 Cara Kuhn 10 Pine City 30-00.00  
3 Makayla Balder 10 Mille Lacs Raiders 29-04.00  
4 Amanda Palmer 11 Rush City 29-02.00  
5 Lilly Lee 12 Ogilvie 28-09.00  
6 Emma Schmidt 12 Pine City 27-07.00  
7 Shawna Mell 12 Rush City 27-00.00  
8 Emma Hagberg 10 Mille Lacs Raiders 25-09.00  
9 Aiesha Alarab 9 Aitkin 25-04.00

Varsity Girls Shot Put Prelims

Athlete Yr Team Mark

1 Jamie Guptill 12 Rush City 34-07.00

- 2 Makayla Balder 10 Mille Lacs Raiders 29-04.00
- 3 Amanda Palmer 11 Rush City 29-02.00
- 4 Lilly Lee 12 Ogilvie 28-09.00
- 5 Cara Kuhn 10 Pine City 27-09.00
- 6 Emma Schmidt 12 Pine City 27-07.00
- 7 Shawna Mell 12 Rush City 25-10.00
- 8 Emma Hagberg 10 Mille Lacs Raiders 25-09.00
- 9 Aiesha Alarab 9 Aitkin 25-04.00
- 10 Kelsi Welle 9 Aitkin 24-05.00
- 11 Elenore Taylor 11 Braham 24-04.00
- 12 Autumn Clennon 11 East Central 24-01.00
- 13 Hazel Meyman 10 Ogilvie 23-10.00
- 14 Maggie Smetana 8 Pine City 23-07.00
- 15 Charlotte Olesen 8 Aitkin 23-06.00
- 16 Racheal Molin 10 Ogilvie 23-05.00
- 17 Mackenzie Arnoldi 8 Braham 22-06.00
- 18 Alaiysha Nickaboine 9 Mille Lacs Raiders 21-10.00
- 19 Ana Keranen 10 East Central 21-07.00
- 20 Madison Cacioppo 10 Braham 20-00.00
- 20 Michelle Audette 9 East Central 20-00.00

Varsity Girls Discus Finals

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Athlete Yr Team Mark

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- 1 Jamie Guptill 12 Rush City 110-01
- 2 Lilly Lee 12 Ogilvie 95-08
- 3 Emma Schmidt 12 Pine City 90-08
- 4 Cara Kuhn 10 Pine City 87-08
- 5 Kelsi Welle 9 Aitkin 87-06
- 6 Alaiysha Nickaboine 9 Mille Lacs Raiders 84-11
- 7 Aiesha Alarab 9 Aitkin 77-10
- 8 Maggie Smetana 8 Pine City 77-08
- 9 Makayla Balder 10 Mille Lacs Raiders 76-11

Varsity Girls Discus Prelims

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Athlete Yr Team Mark

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- 1 Jamie Guptill 12 Rush City 105-02
- 2 Lilly Lee 12 Ogilvie 95-02
- 3 Emma Schmidt 12 Pine City 90-07.50
- 4 Cara Kuhn 10 Pine City 87-08
- 5 Kelsi Welle 9 Aitkin 87-06.50
- 6 Alaiysha Nickaboine 9 Mille Lacs Raiders 84-11.50
- 7 Aiesha Alarab 9 Aitkin 77-10
- 8 Maggie Smetana 8 Pine City 77-08.50
- 9 Makayla Balder 10 Mille Lacs Raiders 76-11
- 10 Shawna Mell 12 Rush City 72-07
- 11 Annie Rodenburg 9 Ogilvie 70-10
- 12 Autumn Clennon 11 East Central 68-02
- 13 Ana Keranen 10 East Central 64-00
- 13 Kaden LaMont 8 Rush City 64-00
- 15 Emma Hagberg 10 Mille Lacs Raiders 63-05
- 16 Elenore Taylor 11 Braham 63-02.50
- 17 Madison Cacioppo 10 Braham 56-08
- 18 Mackenzie Arnoldi 8 Braham 55-05
- 19 Racheal Moin 10 Ogilvie 54-05
- 20 Michelle Audette 9 East Central 44-03
- 21 Grace Janzen 9 Aitkin 43-05

Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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- 1 Sophie Lahti 8 Pine City 4-10.00
- 2 Ellie Mae White 10 Rush City 4-10.00
- 3 Livia Isackson-Rod 10 Pine City 4-09.00
- 4 Isabella Olson 8 East Central 4-07.00
- 4 Kensi Tayerle 10 Pine City 4-07.00
- 6 Katie Rocholl 9 Mille Lacs Raiders 4-07.00
- 6 Kailee Barnett 10 Mille Lacs Raiders 4-07.00
- 8 Svea Carlson 8 Mille Lacs Raiders 4-07.00
- 9 Alexis Ertz 9 Rush City 4-05.00
- 9 Teagan Piecek 8 Aitkin 4-05.00
- 11 Megan Lanhart 12 Braham 4-03.00
- 11 Mary Ellingson 12 Rush City 4-03.00
- Emma Priske 10 East Central NH
- Hallie Rootkie 10 Hinckley-Finlayson NH
- Julia Boxhammer 10 Aitkin NH
- Emma Morgan 11 Ogilvie NH
- Jaeden Klingensmith 10 Braham NH

Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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- 1 Aiyanna Mitchell 9 Mille Lacs Raiders 8-02.00
- 2 Joelle Leigland 10 Rush City 7-08.00
- 3 Meegan Wickeham 11 Braham 7-08.00
- 3 Sara Piatz 10 Braham 7-08.00
- 3 Svea Carlson 8 Mille Lacs Raiders 7-08.00
- 6 Maddy Graham 9 Pine City 7-08.00
- 7 Kylie Forcier 12 Rush City 7-02.00
- 8 Emma Morgan 11 Ogilvie 7-02.00
- 9 Olivia Hudoba 11 Ogilvie 6-08.00
- 9 Allyson Chromey 11 Pine City 6-08.00
- 11 Mazie Hahn 10 Rush City 6-02.00
- Kami Smith 9 Mille Lacs Raiders NH
- Rachel Riesing Braham NH
- Emma Johnson 8 Pine City NH

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Kelsey Erickson 11 Pine City 15-05.00
- 2 Ella Doble 8 Braham 14-11.75
- 3 Annika Berg 11 Ogilvie 14-06.00
- 4 Kailee Barnett 10 Mille Lacs Raiders 14-05.00
- 5 Dorothy Miller 9 Pine City 14-03.00
- 6 Savannah Holm 8 Aitkin 14-01.25
- 7 Ashley Linberger 10 Rush City 14-00.00
- 8 Lily Orazem 11 Mille Lacs Raiders 13-09.00
- 9 Livia Isackson-Rod 10 Pine City 13-07.50

Varsity Girls Long Jump Prelims

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Athlete Yr Team Mark

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- 1 Ella Doble 8 Braham 14-11.00
- 2 Kelsey Erickson 11 Pine City 14-08.00
- 3 Annika Berg 11 Ogilvie 14-05.50
- 4 Kailee Barnett 10 Mille Lacs Raiders 14-05.00
- 5 Savannah Holm 8 Aitkin 14-01.00
- 6 Ashley Linberger 10 Rush City 13-09.00
- 6 Lily Orazem 11 Mille Lacs Raiders 13-09.00
- 8 Livia Isackson-Rod 10 Pine City 13-06.50
- 9 Dorothy Miller 9 Pine City 13-06.00
- 10 Cora Sayotovich 7 Rush City 13-04.50
- 11 Ellie Mae White 10 Rush City 13-03.50
- 12 Cassidee Thorvig 10 East Central 13-02.00
- 13 MyKenna Schroeder 8 Braham 12-11.00
- 14 Brandee Bolz 12 Ogilvie 12-08.50
- 15 Roxann Emerson 10 Mille Lacs Raiders 12-04.50
- 16 Ellie Jindra 10 Aitkin 12-02.50
- 17 Alison Shockman 8 Braham 11-06.50
- 18 Hannah Paulbeck 11 Aitkin 11-02.50
- 19 Cheyanne Blodgett 12 Hinckley-Finlayson 11-01.50
- 20 Jasmine Hinterman 10 Ogilvie 10-09.50
- 21 Chiara Venegoni 12 East Central 9-10.00
- 22 Laura Pesaresi 12 East Central 9-06.00
- 23 Allison Anderson 12 Hinckley-Finlayson 8-05.00

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Dorothy Miller 9 Pine City 33-11.00
- 2 Teagan Piecek 8 Aitkin 32-03.25
- 2 Ellie Mae White 10 Rush City 32-03.25
- 4 Kelsey Erickson 11 Pine City 31-03.00
- 5 Ava Brown 10 East Central 30-05.75
- 6 Aiyanna Mitchell 9 Mille Lacs Raiders 30-05.50
- 7 Annika Berg 11 Ogilvie 30-02.75
- 8 Megan Lanhart 12 Braham 29-07.00
- 9 Livia Isackson-Rod 10 Pine City 29-04.75

Varsity Girls Triple Jump Prelims

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Athlete Yr Team Mark

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- 1 Dorothy Miller 9 Pine City 32-09.75
- 2 Teagan Piecek 8 Aitkin 31-02.50
- 3 Ellie Mae White 10 Rush City 30-10.50
- 4 Kelsey Erickson 11 Pine City 30-08.00
- 5 Ava Brown 10 East Central 30-05.75
- 6 Annika Berg 11 Ogilvie 30-01.75
- 7 Megan Lanhart 12 Braham 29-07.00
- 8 Aiyanna Mitchell 9 Mille Lacs Raiders 29-05.00
- 9 Livia Isackson-Rod 10 Pine City 28-09.50
- 10 Ramsey Moe 12 Aitkin 28-05.25
- 11 Kailee Barnett 10 Mille Lacs Raiders 26-09.25
- 12 Hallie Rootkie 10 Hinckley-Finlayson 26-08.00
- 13 Isabel Chavez 9 Mille Lacs Raiders 25-06.25
- 14 Madison Hamilton 8 Aitkin 25-00.25
- 15 Sara Piatz 10 Braham 24-06.50
- 16 Jaiden Metz 10 Rush City 24-04.00
- 17 Jaeden Klingensmith 10 Braham 23-03.50